



SARASWATHI NARAYANAN COLLEGE
(Autonomous Institution Affiliated to Madurai Kamaraj University)
(Reaccredited with Grade B ^(2.78) by NAAC)
(DST-FIST Funded Institution)
Perungudi, Madurai - 625 022

BEST PRACTICES
COUNSELING AND MENTORING SYSTEM

a. Objectives

1. To improve the study environment by nurturing caring and guiding relationship between teachers and their students to ensure effective learning.
2. To address Psycho-social issues of the mentees with timely and productive remedies.
3. To discover the talents of the mentees and guide them towards advancement in the area of their interest and potential.
4. To drive the mentees to achieve their career objectives.

b. Context

The institution is the study destination mostly for the students hailing from socially and economically backward rural families. With little exposure, they join the courses, looking up to their teachers for support and guidance, hence the essential need for the mentoring system to prepare the students for quality life. Parental care demonstrated in the periodical mentor-mentee meeting strengthens the students' self-confidence and hope of the assured future.

c. Practice

Under Mentoring system, one academic advisor is allotted to about 20 students for mentoring. They meet and advise the wards to perform better in studies and other extra-curricular activities. The mentees are motivated to set a definite goal and work towards achieving the set goal.

d. Evidence of success

The success of the system is reflected in the overall personality development of students. Well-meaning relationship between the teachers and students, admiring campus discipline, satisfaction of the parents, improved academic performance stand evident to the successful outcome of the mentoring system.

e. Challenges

A few students have demonstrated reservations in opening up their issues to the Mentors. However, mentors adopt different strategies to address the challenge.

SHOWCASING THE THOUGHT FOR THE DAY ON THE SPECIAL BOARD

a. Objectives

1. To enable the students to start the day with inspiring and positive thoughts.
2. To help the students feel motivated and get energised to end the day on a winning note.
3. To make the students realise the power of thought.

b. Context

Thoughts play a major role in the life of each human being. They demonstrate the way the daily routine goes for a person. They are an essential part of being human since time immemorial. A thought for the day refreshes the mind with uplifting thoughts. It gives new ideas, experience and wisdom.

c. Practice

Famous quotes from the great minds to ignite the students' thoughts, quotations relevant to the significance of national and international days and thought-provoking proverbs are displayed on the special board. The quotes are displayed both in English and Tamil for better understanding. Mr. A.S. Kumar, Librarian of the college is in-charge of the task.

d. Evidence of success

The practice of displaying the Thought for the Day evinces interest in many students that they approach the Librarian for the insightful understanding of quotations. Appreciably, many students have made it their habit of heart to read the thought for the day and imbibe the value of it.

e. Challenges

Attracting the interest of all the students towards the thought for the day is a challenge.